



**HERITAGE**  
**LE TELFAIR**  
MAURITIUS

**HERITAGE LE TELFAIR**  
*launches the new Wellness Bliss,  
a bespoke journey to renewal*



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Bel Ombre, Mauritius - Heritage Le Telfair announces the launch of its new Wellness Bliss offer, an exclusive experience designed to pamper guests seeking self-discovery, wellbeing, and relaxation. This tailor-made offer further enriches the wellness experience offered by Heritage Le Telfair and bolsters its position as a 5-star luxury establishment focused on this pillar. Through the Wellness Bliss concept, the resort is redefining the standards of wellness, offering residents a unique opportunity to recharge their batteries and blossom in the heart of the lush Bel Ombre landscape.

In the words of Dominique Grel, the General Manager of Heritage Le Telfair, *“this new Wellness Bliss at Heritage Le Telfair represents a significant milestone in our ongoing commitment to providing a top-notch wellness experience for our guests. We take pride in offering the epitome of luxury, and with this new offering, we are taking that promise to a new level.”* He adds: *“This immersive experience is designed to leave a lasting impression long after guests have departed from the sun-kissed shores of the island.”*

At Heritage Le Telfair, a member of Small Luxury Hotels of the World, guests have now the freedom to experience well-being on their own terms. With the assistance of a dedicated Wellness Ambassador, they can select activities that align with their personal goals or opt for pre-made packages that offer a diverse array of rejuvenating experiences.







The newly launched Wellness Bliss redefines the standard for wellness offerings, inviting guests to embark on a journey of self-discovery while basking in the breathtaking natural beauty of Bel Ombre. Crafted by the award-winning Seven Colours Spa, Heritage Le Telfair's exclusive wellness program encompasses fitness activities, massage therapy, nutrition, mindfulness, and forest bathing in the Bel Ombre Nature Reserve, providing a holistic approach to well-being.

Guests can craft their wellness journey, with the advice of the dedicated Wellness Ambassador, by choosing from a wide selection of activities or packages meticulously customized to meet specific well-being objectives, including detoxification, weight loss, chakra balancing, and improved sleep. The holistic program is designed and led by a team of experts, including a nutritionist, fitness coach, and therapist.

*“The synergy between our luxury retreat and the Wellness Bliss amplifies the entire guest experience, leaving a lasting impression of well-being and serenity”, says Anaick Leclezio, Business Division Manager - Wellness & Spa. “We have left no stone unturned to cater to our guests’ unique desires and goals. For instance, thanks to the in-house nutritionist, every meal plan offered guarantees that each dish is a gift to the body.”*

For a complete immersion into Heritage Le Telfair’s world of well-being, every detail has been thoughtfully considered. From the healthy snacks and beverages in the minibar to signature pillow mists at turndown, and the array of nutritious dining options available at the resort’s restaurants, guests will find everything they need to achieve their wellness goals.

Discover Heritage Le Telfair new Wellness Bliss offering and reconnect with your inner self while embracing the stunning natural beauty that Mauritius has to offer.



For more information about this new offer at Heritage Le Telfair and to book your next wellness experience in Mauritius, visit our website **[www.heritageresorts.mu](http://www.heritageresorts.mu)** or download our new brochure **[here](#)**.

[Download the pictures and video here](#)



## THE SEVEN COLOURS SPA

The Seven Colours Spa, a 2000m<sup>2</sup> haven dedicated to relaxation and rejuvenation, is the centerpiece of the wellness experience at Heritage Le Telfair. In this sanctuary, guests can revel in the soothing touch of essential oils and skilled hands during rejuvenating treatments, relish the tranquility of private plunge pools and invigorating steam baths, and savor nutritious meals from our in-spa menu.

This peaceful escape is where stress dissolves under the skillful care of therapists, allowing guests to luxuriate in pure bliss as they unwind in the Vitality Pool, immerse in the serenity of the hammam, and bask in the warmth of the sauna.



## IN CONNECTION WITH MOTHER NATURE

With a UNESCO biosphere and stunning coastlines right at the doorstep, nature is the core of the Heritage Le Telfair wellness experience. The new Wellness Bliss provides various ways to reconnect with the natural world during guests' stay, including forest bathing, coastal treks, and even tree-hugging. The energy and magic of the south of Mauritius are abundant, and Heritage Le Telfair's extensive selection of outdoor adventures allows guests to mindfully connect with Mother Nature, tapping into her essence.

## COMPLIMENTARY WELL-BEING ACTIVITIES

In addition to the Wellness Bliss, Heritage Le Telfair extends an array of complimentary activities to enrich the guests' well-being journey. The offerings encompass a range of options, from Pilates and Yin yoga for relaxation, to Aqua Tai chi for gentle water-based exercises, Body Balance sessions, and Tai chi for mindfulness and balance. Complementing these are unique experiences such as Konect, Aerial Yoga, Sunset Yoga, Breathwork, as well as Mobility and Flexibility workouts. Guests can also enjoy Akwa Active water workouts, as well as traditional practices like Ashtanga Yoga, Hatha Yoga, and Yoga Fusion, all tailored to diverse preferences and experience levels. These complimentary activities ensure that guests experience a comprehensive well-being journey during their stay at Heritage Le Telfair.





## **ABOUT HERITAGE RESORTS**

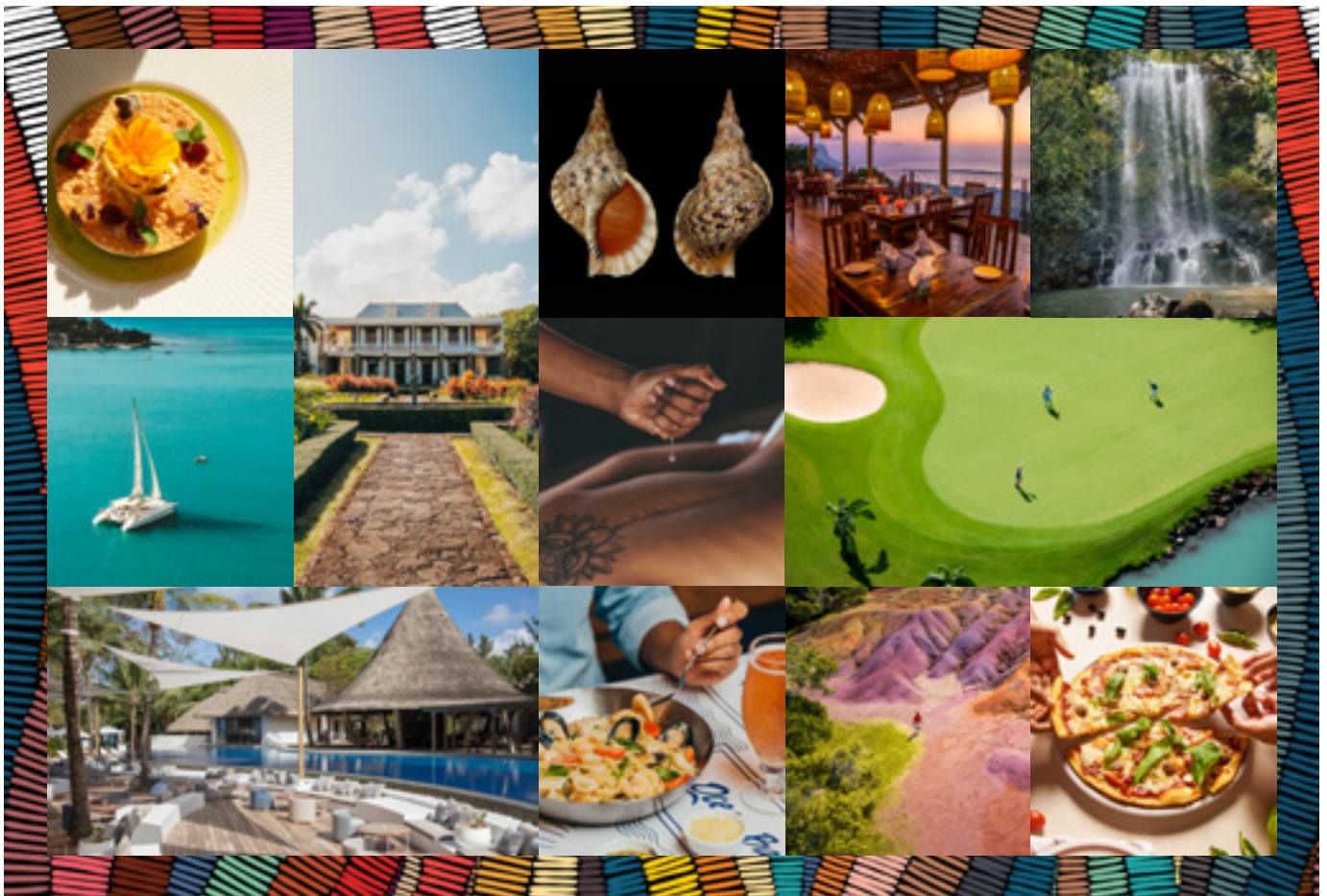
Nestled in the 2500-hectare Domaine de Bel Ombre, Heritage Resorts is a collection of premium resorts, promising a sustainable approach to luxury, crafting memorable journeys that are unique, authentic, and representative of the outstanding beauty of its location. Conceived to inspire, reconnect, and live transformational experiences, Heritage Resorts are places where memorable journeys come to life. Inspired by nature and its exceptional people, each of our resorts is designed to reflect a one-of-a-kind ambiance and style, enhancing every aspect of the guest's experience by mirroring its location's culture, history and locale.

The Heritage brand was born out of a passion for discovery and connection. We are committed to setting exemplary standards of a sustainable resort lifestyle, in the context of delicate splendour, elegance and comfort, where guests are discreetly supported with genuine service, care and attention, as they are acquainted to unique opportunities for authentic and memorable experiences, discoveries and adventures through responsible tourism.



## ABOUT ROGERS HOSPITALITY

Rogers Hospitality, the hospitality and leisure cluster of the Rogers Group, a diversified Mauritian company listed on the stock exchange, offers an extensive array of services, spanned across seven cohesive categories: boutique hotels with Veranda Resorts and Kaz'alala brands; luxury hotels through Heritage Resorts; business hotels with Voilà; leisure offerings including Bel Ombre Nature Reserve, Heritage Golf Club, Croisières Australes, Chamarel 7 Coloured Earth Geopark, educational entertainment with the World of Seashells, and holistic well-being provided by Seven Colours spas; gourmet dining experiences such as Le Chamarel, Château de Bel Ombre, and C Beach Club; quick service restaurants including Ocean Basket, Domino's, MOKA'Z; and territorial brands like Bel Ombre and Chamarel. The group currently employs over 2,000 people.



# Rogers Hospitality

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